



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 First Saturday Nature Walk LLELA at 9 AM
2 Cool off at Old Town Splash Park	3 Buck Supermoon Hike at LLELA 8-10 PM	4 Freedom Festival 5:30-9:30 PM	5 Pilates at Wayne Ferguson Plaza 6 PM	6 Xtreme Hip Hop at Thrive 6:35 PM	7 Jewelry Making class at Thrive 10 AM	8 Spot a butterfly at a pollinator garden
9 Hike through Thrive Nature Park	10 Take a Yoga class at Thrive	11 Sounds of Lewisville 6-10 PM	12 Pickleball at Herring Recreation Center 10 AM	13 Check out the Cabin at LLELA	14 Dance Club Cardio class at Thrive 5:30 PM	15 Ducky Derby 10 AM
16 Visit Sun Valley Aquatic Park	17 BINGO at Thrive 10 AM	18 River Robics class at Thrive 7 AM	19 Bunco at Thrive 11:30 AM	20 Yoga at Wayne Ferguson Plaza 6 PM	21 Joysticks Cardio Drumming at Thrive 10 AM	22 Hike the Garden Ridge Trail
23 Explore the trails at LLELA	24 Play at the beach at Lake Park	25 Chair Volleyball at Thrive 2:30 PM	26 PLOW at Wayne Frady Park 8:30 AM	27 Soul Line Dancing class at Thrive 7 PM	28 Texas Hold 'em Tournament at Thrive 1 PM	29 Tai Chi at Wayne Ferguson Plaza 9:30 AM
30 Explore public art in the parks	31 Play Raquetball at Herring Recreation Center		*some programs may have fees associated with them			



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